

Lymphoedema Focused Modules

Module Number	Module Title	Module Summary	Time Required
1	The Management of Lymphoedema of the Lower Limb	For further information regarding this module, please contact your local BSN medical Compression Therapy Account Manager.	
2	Anatomy and Physiology	To identify and explore the structures of the lymphatic system. Discover how this essential anatomy works under normal circumstances and how changes occur when oedema develops. <i>Note: If you do not require this module, it is expected that you will have a good knowledge of the lymphatic system and its physiology, under normal and altered situations.</i>	1 hour
3	Clinical Manifestations of Oedema	An overview of the anatomical changes that occur when oedema develops. Guidance provided in identifying the important components that are related to the underpinning physiology.	1 hour
4	Patient Assessment	To increase knowledge and understanding of the essential components required to perform a full clinical assessment of a patient with oedema (covering all types of oedema development).	1 hour
5	Mild to Moderate Chronic Uncomplicated Oedema	To identify the stages of oedema in the mild to moderate uncomplicated oedema phase. Use recognised tools and subsequent treatment modalities for patients in this category.	3 hours
6	Severe and Complicated Oedema	To identify the stages of oedema in the severe and complicated oedema phase. Use recognized tools and subsequent treatment modalities for patients in this category.	3 hours
7	Multi-Layer Lymphoedema Bandaging – Theory	An overview of the underpinning knowledge and theory in the equipment, approach and technique required in multi-layer lymphoedema bandaging for a patient with lymphoedema.	1.5 hours
8	Multi-Layer Lymphoedema Bandaging - Practical	A practical demonstration of multi-layer lymphoedema bandaging (MLLB), in accordance with the International Lymphoedema Framework guidelines, for both the upper and lower limbs. Followed by a hands-on practical MLLB session using a Comprilan® short-stretch bandage.	2 hours

9	Compression Therapy – Theory	An overview of the underpinning knowledge and theory in the value and the use of compression garments. To understand the importance of choosing the correct type of compression garment, including the style and compression level most appropriate for a patient with oedema.	2 hours
10	Measuring for a JOBST® Ready-to-Wear Compression Garment	A practical demonstration in measuring for a JOBST Ready-to-Wear compression garment covering both the upper and lower limbs. Followed by a hands-on practical session in measuring for JOBST Ready-to-Wear garments.	2 hours
11	Measuring for a JOBST® Elvarex® Custom-Fit Garment	A practical demonstration in measuring for a JOBST Elvarex Custom-Fit, flat-knit garment covering both the upper and lower limb. Followed by a hands-on practical session in measuring for a JOBST Elvarex Custom-Fit garment.	3 hours
12	Developing a Lymphoedema Service	An opportunity to find out the basics of what is required in the development of a lymphoedema service in your area. This includes the essential information required when dealing with line managers, finance and succession planning.	1 hour
13	Palliative Care	An overview of the treatment approach in managing lymphoedema in accordance with the model of Palliative Care in the workplace. How to adapt the basic components used to benefit the patients with advancing or palliative disease following a full clinical assessment.	2 hours
15	Obesity	To understand obesity related oedema and how this impacts on the patient's treatment. Identify the options available to assist obese patients, recommended support pathways and appropriate garment.	1.5 hours
16	Genital Oedema	An overview of the anatomy of the genitourinary system, and the anatomical changes that occur when oedema develops. Guidance is provided on the identification and subsequent treatment options that are available for patients with genital oedema.	2 hours
19	Lymphoedema Overview	This module provides a basic introduction to lymphoedema and the treatment of the condition. It includes the structure of the lymphatic system, the types of lymphoedema and the subsequent treatment options available for patients.	2 hours
20	Venous and Arterial Leg Ulcers	An overview of arterial, venous, diabetic, vasculitic, malignant and mixed aetiology leg ulcers and the risk factors associated with these types of leg ulcers. Followed by the assessment and related compression management of leg ulcers, in accordance with best practice.	2 hours